

# TALKSICS TOASTMASTERS



## District 57, Area B-21, Club #6718

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### General Information

*"At lunch we meet, to talk and eat; of boredom, we're contrary.  
Please join us in the spacious facilities of Central Sanitary.  
A nicer group you'll never know; no pressure or coercion.  
We're just a bunch of friendly folks; check out our TM version!"*

### Regular Meetings

- *Date: 2nd and 4th Wednesday of the month*
- *Time: 12-1pm*
- *Location: Central Contra Costa Sanitary District (Central San), 5019 Imhoff Place, Martinez, CA <https://www.centrialsan.org/pod/hours-directions>*
- *Bring your own lunch.*

# TALKSICS TOASTMASTERS

## Talksics Toastmasters Officers

2023-2024

President – Morgan Lowry, [mlowry@centralsan.org](mailto:mlowry@centralsan.org)

Vice President Education - Zachary Lee, [zlee@centralsan.org](mailto:zlee@centralsan.org)

Vice President Membership – Amanda Cauble, [acauble@centralsan.org](mailto:acauble@centralsan.org)

Vice President Public Relations – Amanda Cauble, [acauble@centralsan.org](mailto:acauble@centralsan.org)

Treasurer - Morgan Lowry, [mlowry@centralsan.org](mailto:mlowry@centralsan.org)

Secretary – Zachary Lee, [zlee@centralsan.org](mailto:zlee@centralsan.org)

Sergeant-at-Arms – Alejandro Leyva, [aleyva@centralsan.org](mailto:aleyva@centralsan.org)

Past President - Amanda Cauble, [acauble@centralsan.org](mailto:acauble@centralsan.org)

# TALKSICS TOASTMASTERS

## Regular Meeting Agenda

### 12:05 OPENING

- Call to Order (Sergeant-at-Arms)
- Pledge of Allegiance
- Business Items (President)
- Introduce Guests
- Introduce Toastmaster

### 12:10 MAIN PROGRAM

- Opening Remarks (Toastmaster)
- Review Meeting Roles
  - Timer
  - Grammarian/Ahh-Counter, Present "Word for the Day"
- Introduce Speaker
  1. Speaker No. 1
  2. Speaker No. 2
  3. Speaker No. 3
- Call for Times (Toastmaster)

### 12:32 TABLE TOPICS

- Explain/Introduce Table Topics Master (Toastmaster)
- Provide Impromptu Topic(s) (Table Topics Master)
- Audience Participation
- Call for Times
- Return Meeting to Toastmaster

### 12:42 EVALUATION

- Explain/Introduce General Evaluator (Toastmaster)
- Opening Remarks (General Evaluator)
  - Evaluator No. 1
  - Evaluator No. 2
  - Evaluator No. 3
- Call for Times
- Return Meeting to Toastmaster

### 12:55 CLOSING

- Announcements/Next Meeting (Toastmaster)
  - Next meeting: (date)
  - Review assignments for next meeting
- Call for "Ah" Count
- Adjourn

# TALKSICS TOASTMASTERS

## The Mission of Toastmasters International

**Toastmasters International** is the leading movement devoted to making effective oral communication a worldwide reality.

Through its member Clubs, **Toastmasters International** helps people learn the arts of speaking, listening and thinking – vital skills that promote self-actualization, enhance leadership, foster human understanding, and contribute to the betterment of mankind.

It is basic to this mission that **Toastmasters International** continually expand its worldwide network of Clubs, thereby offering ever-greater numbers of people the opportunity to benefit from its programs.

## The Mission of the Talksics Toastmasters Club

The mission of Talksics Toastmasters is to provide a supportive and positive learning environment so that every member has the opportunity to develop communication and leadership skills.

To learn more about Toastmasters International, go to [www.toastmasters.org](http://www.toastmasters.org).

To learn more about Toastmasters District 57, go to [www.d57tm.org](http://www.d57tm.org).

# TALKSICS TOASTMASTERS

**Mailing Address:**

Talksics Toastmasters  
c/o Morgan Lowry  
5019 Imhoff Place  
Martinez, CA 94553

<https://www.centalsan.org/pod/hours-directions>

**E-mail or Phone:**

VP Membership: Morgan Lowry 925-229-7110 or mlowry@centalsan.org

**Links:**

[Toastmasters International](#)

[Toastmasters District 57](#)